

**National Championships**  
**Matthew Micallef St John MARSA MALTA**  
**Results – 10 and 13 May 2017**

**Women 100m**

Name	Year	Affiliation	Time	Wind
Preliminary Round				
115 Pace, Ylenia	95	St Patrick's A C	12.49q	0.9
114 Grech, Marilyn	88	St Patrick's A C	12.88q	0.9
136 Fenech, Charlene	00	Savio A C	13.07q	0.9
116 Cuthbert, Katherine	98	Pembroke Athleta	14.19q	0.9
195 Zammit, Valentina	95	Rush A C	14.22	0.9

**Women 100m**

Name	Year	Affiliation	Time	Wind
Championship R. 11.73 17/05/2015 Charlotte Wingfield, St Patrick's				
Name	Year	Affiliation	Time	Wind
Final				
1 196 Wingfield, Charlotte	94	St Patrick's A C	11.54	1.1 <b>National Record</b>
2 140 Busuttill, Sarah	91	Rush A C	12.20	1.1
3 126 Vassallo, Annalise	92	Zurrieq Wolves	12.21	1.1
4 118 Fitz, Rachel	95	Allcomers Aloysians	12.22	1.1
5 115 Pace, Ylenia	95	St Patrick's A C	12.55	1.1
6 114 Grech, Marilyn	88	St Patrick's A C	12.91	1.1
7 136 Fenech, Charlene	00	Savio A C	13.10	1.1
8 116 Cuthbert, Katherine	98	Pembroke Athleta	14.33	1.1

**Women 400m**

Name	Year	Affiliation	Time
Championship R. 55.07 2003 Blake, Tanya, Zurrieq Wolves			
Name	Year	Affiliation	Time
1 156 Richard, Janet	98	St Patrick's A C	56.43
2 153 Camilleri, Kim	91	Allcomers Aloysians	1:01.91
3 155 Vella White, Coris	88	St Patrick's A C	1:03.97
4 137 Buttigieg, Stephan	00	Savio A C	1:08.53
5 111 Galea, Rachel	00	St Patrick's A C	1:11.17

**Women 1500m**

Name	Year	Affiliation	Time
Championship R. 4:38.60 1999 Camilleri, Giselle, AS Libertas			
Name	Year	Affiliation	Time
1 501 Camilleri, Monalisa	91	A S Libertas	4:45.12
2 504 Satariano, Angele	88	A S Libertas	4:51.54
3 575 Aquilina, Charmaine	95	Zurrieq Wolves	5:03.17
4 514 Arrigo, Francesca	83	Ladies Running Club	5:10.34
5 500 Ruggier, Anjelika	97	A S Libertas	5:13.45
6 502 Gerada, Maria	93	A S Libertas	5:30.33

**Women 10,000m**

Name	Year	Affiliation	Time
Championship R. 39:47.91			
Name	Year	Affiliation	Time
169 Schembri, Roberta	90	St Patrick's A C	37:20.52 <b>Champ. Record</b>

**Women Triple Jump**

Name	Year	Affiliation	Distance	Wind
Championship R. 12.42m 2016 Sare`, Rebecca, Pembroke Athleta				
Name	Year	Affiliation	Distance	Wind
1 158 Jetcheva, Elena	97	Pembroke Athleta	11.89m	1.6
11.89m(1.6) FOUL 11.77m(0.7) 11.77m(0.3) FOUL 11.63m(0.6)				
2 160 Sare, Rebecca	91	Pembroke Athleta	11.72m	1.6
11.72m(1.6) FOUL 11.37m(0.8) 11.27m(0.6) 11.52m(1.0) 11.57m(0.6)				
3 170 Zammit, Robyn	97	Pembroke Athleta	11.14m	0.6
FOUL FOUL 11.13m(1.5) 10.97m(1.3) 10.89m(0.1) 11.14m(0.6)				

**National Championships**  
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**Women Hammer Throw**

Championship R. 42.54m 2016		Chouhal, Antonella, A S Libertas	
Name	Year Affiliation	Distance	
132 Chouhal, Antonella	76 Rush A C	43.21m	<b>Champ. Record</b>
FOUL	42.06m 40.37m 43.21m FOUL 39.63m		

**Women Javelin Throw**

Championship R. 39.20m 2016		Mifsud, Joanne, Pembroke Athleta	
Name	Year Affiliation	Distance	
1 142 Vella, Joanne	86 Pembroke Athleta	42.50m	<b>Champ. Record</b>
	40.75m FOUL FOUL 38.73m 42.50m 40.92m		
2 159 Campbell, Elisa J	01 Zurrieq Wolves	20.87m	
	19.35m 2.07m 20.87m 20.10m 18.30m 20.11m		

**Women 4x100m Relay**

Team	Time
Malta 'A' 1st Trial	D.N.F.
Malta 'A' 2nd Trial	47.02
Busuttil, Sarah, Vassallo, Annalise, Fitz, Rachel, Wingfield Charlotte	

**Men 100m**

Championship R. 10.54 2005		Gilford, Darren Francis, Pembroke Athleta	
Name	Year Affiliation	Time	Wind H#
Preliminary Round			
1 981 Bezzina, Luke	95 St Patrick's A C	10.99q	0.3 1
2 991 Camilleri, Steve	92 Pembroke Athleta	11.05q	1.2 2
3 995 Borg Saywell, Eric	97 Pembroke Athleta	11.24q	0.8 3
4 921 Dardouri, Nasim	00 Allcomers Aloysians	11.30q	0.8 3
5 938 Mifsud, Julian	89 Pembroke Athleta	11.31q	0.3 1
6 978 Chouhal, Rachid	75 Rush A C	11.34q	1.2 2
7 917 Savo, Stefano	96 St Patrick's A C	11.46q	1.2 2
8 910 Dimech, Lauren	91 Athletix AC	11.52q	0.3 1
9 919 Ghirxi, Gary	00 Pembroke Athleta	11.58	1.2 2
10 920 Marinov, Alexander	90 Pembroke Athleta	11.69	0.3 1
11 958 Tanti, Adrian	79 La Salle	11.74	0.8 3
12 701 Zammit, Warren	95 Rush A C	11.77	1.2 2
13 940 Mizzi, Andrea	94 Pembroke Athleta	11.82	0.3 1
14 941 Grixti, Miguel	99 Pembroke Athleta	11.89	0.3 1
15 987 Borg, Dominic	78 La Salle	12.14	1.2 2
16 942 Seguna, Marvin	93 Pembroke Athleta	12.21	0.8 3
17 956 Magro, Kevin	95 Pembroke Athleta	12.49	0.3 1
18 946 Micallef, Matthew	96 Rush A C	12.53	0.8 3

**National Championships**  
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**Men 100m**

=====					
Championship R. 10.54 2005 Gilford, Darren Francis, Pembroke Athleta					
Name		Year	Affiliation	Time	Wind
=====					
Final					
1	981 Bezzina, Luke	95	St Patrick's A C	10.79	1.0
2	991 Camilleri, Steve	92	Pembroke Athleta	10.85	1.0
3	995 Borg Saywell, Eric	97	Pembroke Athleta	11.16	1.0
4	938 Mifsud, Julian	89	Pembroke Athleta	11.24	1.0
5	978 Chouhal, Rachid	75	Rush A C	11.26	1.0
6	921 Dardouri, Nasim	00	Allcomers Aloysians	11.33	1.0
7	910 Dimech, Lauren	91	Athletix AC	11.49	1.0
7	917 Savo, Stefano	96	St Patrick's A C	11.49	1.0

**Men 400m**

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Championship R. 47.88 17/05/2015 Moore, Kevin, A s Libertas					
Name		Year	Affiliation	Time	
=====					
1	718 Dimech, Reece	94	Starmax A C	49.27	
2	902 Croker, Matthew	89	Savio A C	50.13	
3	304 Mifsud, Mark	88	Pembroke Athleta	50.46	
4	354 Brimmer, Neil	84	Zurrieq Wolves	50.96	
5	382 Falzon, Luca	01	Pembroke Athleta	53.55	
6	982 Garret, Mitchel	00	La Salle	55.56	
7	944 Bonello, Sean	99	Rush A C	58.09	

**Men 1500m**

=====					
Championship: C 3:50.90 1995 Grech, Xandru, A S Libertas					
Name		Year	Affiliation	Time	H#
=====					
1	344 Spiteri, Simon	92	St Patrick's A C	3:59.49	1
2	361 Debono, Jean Paul	94	Zurrieq Wolves	4:00.71	1
3	303 Micallef, Luke	89	Pembroke Athleta	4:06.48	1
4	302 Mangion, Dario	89	Pembroke Athleta	4:13.53	1
5	286 Anastasi, James	84	Pembroke Athleta	4:24.47	1
6	341 Randon, Jean Claude	00	St Patrick's A C	4:24.51	1
7	343 Spiteri, Gilbert	86	St Patrick's A C	4:32.86	1
8	979 Farrugia, Natalino	73	Pembroke Athleta	4:35.25	1
9	340 Pace, Mark	90	St Patrick's A C	4:37.60	1
10	904 Gauci, Andrew	86	Pembroke Athleta	4:40.10	1
11	200 Balzan, Kris	78	A S Libertas	4:40.64	1
12	967 Hughes, Michael	75	La Salle	4:55.46	1
13	219 Abdilla, Duncan	85	La Salle	5:04.70	2
14	203 Camilleri, Michael	62	A S Libertas	5:33.52	2

**Men 10,000m**

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Championship R. 32:06.5h 2015 Grech, Andrew, Mellieha AC					
Name		Year	Affiliation	Time	
=====					
1	211 Debono, Charlton	84	Athletix AC	32:21.50	
2	307 Scicluna, Matthew	87	Pembroke Athleta	34:51.42	
3	301 Magri, Brian	64	Pembroke Athleta	35:49.70	
4	313 Camilleri, Jesrit	89	Raptorz A C	36:21.48	
5	705 Vella, George	80	St Patrick's A C	36:48.80	
6	219 Abdilla, Duncan	85	La Salle	38:03.50	
7	967 Hughes, Michael	75	La Salle	38:27.66	
8	213 Xuereb, Matthew	85	Athletix AC	39:02.18	
9	351 Bartolo, Frank	75	Zurrieq Wolves	39:11.71	
10	335 Scicluna, Raymond	71	Savio A C	40:17.02	
--	319 Fenech, Darren	85	Raptorz A C	DNF	

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**Men 3000m Steeplechase**

Championship R.		9:31.78	2015	Herrera, Mark, Pembroke Athleta	
Name	Year	Affiliation	Time		
1	303	Micallef, Luke	89	Pembroke Athleta	9:37.19
2	302	Mangion, Dario	89	Pembroke Athleta	9:49.99
3	299	Herrera, Mark	84	Pembroke Athleta	10:32.69
--	292	Camilleri, Leslie	66	Pembroke Athleta	DNF

**Men High Jump**

Championship R.		1.85m	1999	Edward Calleja, La Salle Tristar	
Name	Year	Affiliation	Height		
1	989	Cassar Torregiani, Andrew	92	Pembroke Athleta	1.84m
		1.60 1.65 1.70 1.75 1.80 1.84 1.88			
		O O O O XO XXO XXX			
2	933	Zammit, Bernard	93	Zurrieq Wolves	1.65m
		1.60 1.65 1.70			
		XO XO XXX			
--	700	Moghrabi, Steve	88	Rush A C	NH

**Men Triple Jump**

Championship R.		14.63m	2016	Grech, Ian Paul, Pembroke Athleta	
Name	Year	Affiliation	Distance	Wind	
1	918	Grech, Ian Paul	93	Pembroke Athleta	14.84m 0.9 <b>Champ. Record</b>
		14.84m(0.9) PASS	PASS	PASS	PASS
2	700	Moghrabi, Steve	88	Rush A C	13.22m 1.5
		12.50m(0.7) 12.84m(0.4) 12.59m(1.2) 13.00m(0.7) 12.59m(0.3) 13.22m(1.5)			
3	976	James, Armani	94	Pembroke Athleta	12.33m 1.1
		12.33m(1.1) PASS	PASS	PASS	PASS

**Men Hammer Throw**

Championship R.		49.26m	2016	Mifsud, Mario, Allcomers Aloysians	
Name	Year	Affiliation	Distance		
1	948	Martini, Luca	00	Junior College	51.67m <b>National Record U/18</b>
		51.67m FOUL 50.70m 48.15m FOUL FOUL			
2	923	Mifsud, Mario	83	Allcomers Aloysians	47.26m
		47.13m 43.92m 46.46m 47.26m 43.93m FOUL			